

No.F.2- 26/NCTE/ERC/Admn./2019/60669

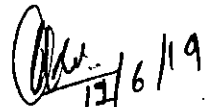
12th June, 2019

PUBLIC NOTICE

Subject: Celebration of 5th International Day of Yoga on 21st June, 2019 by all Recognized TTIs under the Jurisdiction of ERC-reg.

In pursuance to NCTE HQrs. letters vide No. No.NCTE-GA019/36/2017-GA-HQ/78758 dt.22nd May, 2019 and No. F. NCTE-GA019/36/2017-GA-HQ dt.3rd June, 2019 along with enclosures/directions of MHRD in this regard (copy enclosed), all recognized Teacher Training Institutions under the jurisdiction of Eastern Regional Committee are requested to follow the instructions of NCTE HQrs, New Delhi and celebrate the 5th International Day of Yoga (IDY) on 21st June, 2019 (Friday) at their institution premises. After completion of the programme, a report thereon may be furnished within ten days to ERC, NCTE for onward transmission to NCTE, New Delhi.

Encl: As above.


(Pradeep Kumar Yadav)
Regional Director

Circulation:

- (1) Uploading on ERC website.
- (2) ERC, NCTE Notice Board.

63

राष्ट्रीय अध्यापक शिक्षा परिषद्
(भारत सरकार का एक विधिक निकाय)



National Council for Teacher Education
(A STATUTORY BODY OF THE GOVERNMENT OF INDIA)

F. No. NCTE-GA019/36/2017-GA-HQ

3rd June, 2019

To

79015

Regional Director
Northern Regional Committee
National Council for Teacher Education
Plot No. 7, Sector 10,
Dwarka, New Delhi-110075

016

Regional Director
Southern Regional Committee
National Council for Teacher Education
Plot No. 7, Sector 10,
Dwarka, New Delhi-110075

017

Regional Director
Western Regional Committee
National Council for Teacher Education
Plot No. 7, Sector 10,
Dwarka, New Delhi-110075

018

Regional Director
Eastern Regional Committee
National Council for Teacher Education
ERC, 15, Nilakantha Nagar, Nayapalli,
Bhubaneswar, Odisha 751012

Subject : Celebration of 5th International Yoga Day on 21st June, 2019

Sir,

I am directed to forward herewith letter no. 2-1/2018-IS.14 Vol. II dated 23rd May 2019 received from Shri Ashok Giri, Under Secretary to the Govt. of India, MHRD regarding the celebration of 5th International Day of Yoga on 21st June 2019 (copy enclosed). In this connection, it has been decided by the Competent Authority that all the Regional Committees shall communicate to all the recognized Teacher Training Institutions of their jurisdiction to celebrate 5th International Day of Yoga on 21st June 2019 with eco-friendly yoga accessories. All the Regional Directors are instructed to ensure compliance the directions of the Competent Authority to issue the necessary instruction to all the Teacher Training Institutions.

This issues with the approval of the Competent Authority.



Yours faithfully

(Dr. Sumita Das Majumder)
Under Secretary

Encls. :- As above.

Copy to: -

019

1. Shri R. Vijaykumar, Deputy Secretary and nodal officer for necessary action

020

2. Shri Narendra Kumar Sharma, Under Secretary GA-II, NCTE Hqrs. Dwarka for necessary compliance/action during the organisation of IYD at Dwarka. Further, For this event carpets may be hired from a tent vendor as they would be reusable and thus compliant with eco-friendly practices!

3. PA to MS, NCTE

021

4. Under Secretary (EDP) and TA (EDP), NCTE for necessary action.

हंस भवन (विंग-II) 1, बहादुर शाह जफर मार्ग, नई दिल्ली-110002
कार्यालय 011-23370119, ई-मेल- admin@ncte-india.org वेबसाइट- www.ncte-india.org

Hans Bhawan (Wing-II), 1, Bahadur, Shah Zafar Marg, New Delhi-110002
Office- 011-23370119 E-mail- admin@ncte-india.org Website- www.ncte-india.org

07/06/19 BS

AD/ may see to work

for n...
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ED- on leave
6/6/19
Sanjay / Samir

R NO. 118/189/22/5/19

F No.2-1/2018-IS.14(vol.II)
Government of India
Ministry of Human Resource Development
Department of School Education & Literacy

Shastri Bhawan, New Delhi
Dated 21st May, 2019

To,

The Member Secretary,
National Council for Teacher Education,
Hans Bhawan, Wing-II,
1, Bahadur Shah Zafar Marg,
I.P State, New Delhi-110002

Subject:- 5th International Day of Yoga on 21st June, 2019-reg

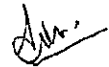
Sir,

I am directed to forward herewith a copy of letter No. 17-1/2019-EE.I dated 14.5.2019 received from Shri Arnab Dhaki, Under Secretary (EE.I) on the subject above and enclosing therein an D.O letter No. M.16030/15/2019-Y&N dated 3.5.2019 related to proposal for taking steps for raising public awareness about the need to opt for eco-friendly yoga accessories

2. You are requested to take necessary action on the subject mentioned above along with a detailed Action Plan for celebration of International Yoga Day, 2019 under intimation to this Ministry urgently.

Encl: As above

Yours faithfully,



(Ashok Giri)
Under Secretary to the Govt. of India
Tel:23388037

MS
5/5/19

55/2019
17/5/19

67

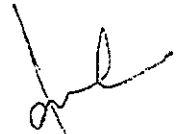
No.F. 17-1/2019-EE.1
Government of India
Ministry of Human Resource Development
Department of School Education and Literacy

New Delhi, the 14th May, 2019

Subject: 5th International Day of Yoga on 21st June, 2019-regarding.

Please find enclosed a D.O letter no. M-16030/15/2019-Y&N dated 03.05.2019 received from Ministry of AYUSH on the subject cited above.

2. Bureau Heads are requested to kindly direct their Divisional Heads to issue necessary instructions in the subject matter within their Bureau and also to autonomous organizations within their administrative control for information and necessary action as appropriate. It is requested to kindly furnish a detailed Action Plan for celebration of International Day of Yoga, 2019 pertaining to your Bureau/Autonomous Organization to EE.1 Section (e-mail: coordee1@gmail.com) **urgently**.


(Arnab Dhaki)
Under Secretary (EE.1)

- JS(SE.II)
- JS(AE & Coord)
- JS(EE.I)
- JS(ISSE)
- JS & EA(SE&L)
- DDG(Stats)

Copy for necessary action to:

- Commissioner, KVS
- Commissioner, NVS
- Director, NCERT
- Chairman, CBSE
- Chairperson, NCTE
- Chairman, NIOS
- Director, NBB
- Director, CTSA
- Director, DAE

Dir (ES)
20/5/19
21/5/19
Secy (EE.1)
20/5/19

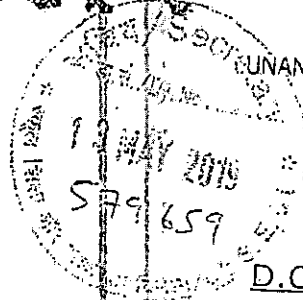


सत्यमेव जयते

वैद्य राजेश कोटेचा
Vaidya Rajesh Kotecha



एक कदम स्वच्छता की ओर



सचिव

आयुर्वेद विभाग

आयुर्वेद शाखा व प्राकृतिक चिकित्सा

भूतना, सिद्ध, सोवा, रंगपा एव होम्योपैथी, आयुष भवन, ई ब्लॉक, जी पी ओ कॉम्प्लेक्स, आई.एन.ए. नई दिल्ली-110023

SECRETARY

GOVERNMENT OF INDIA

MINISTRY OF AYURVEDA, YOGA & NATUROPATHY

UNANI, SIDDHA, SOWA-RIGPA AND HOMOEOPATHY (AYUSH BHAWAN B-BLOCK GPO COMPLEX

INA, NEW DELHI-110023

Tel : 011-24651950, Fax : 011-24651937

E-mail : secy-ayush@nic.in

D.O. No. M-16030/15/2019-Y&N

Dated: 03rd May 2019

JS (Coord.)

Dear Secretary,

I am happy to inform that preparatory steps for the International Day of Yoga (IDY) 2019 are gaining momentum. I am sure that your Ministry/Department will also have set in motion the appropriate activities for IDY.

2. One of the themes being promoted in this year's IDY is the usage of eco-friendly products in the practice of Yoga.

3. Instances have come to the notice of this Ministry that the market is pervaded with manufacture and supply of PVC mats and other plastic based accessories related to the activities of the Yoga. This may be due to cheaper cost of the material, but usage of such products is not desirable from the health perspective of the individual using it and also from the angle of global environment. Hence, it is imperative to take initiatives at all levels to encourage manufacture, supply and usage of eco-friendly Yoga products. Since PVC and synthetic based accessories are hazardous and non-perishable, the public needs to be sensitized and motivated to use eco-friendly products.

4. In this regard, I am enclosing herewith a concept note for your kind perusal, with a request to take appropriate measures to promote this campaign for eco-friendly Yoga accessories, which will help in safeguarding the health of public in general as well as the environment.

With regards,

Yours sincerely,

(Rajesh Kotecha)

Encl. as above

To,

All Secretaries to Government of India.

CONCEPT NOTE

This is a proposal for taking steps for raising public awareness about the need to opt for eco-friendly Yoga accessories.

2. With the rapidly growing popularity of Yoga, there is also an increase in demand for yoga products such as yoga mats, yoga blocks and other accessories. As per available information, most of such products currently available in the market are PVC-based, and are not very easy to recycle. Consequently, at the end of their life-cycle, they end up in landfills and also, polluting the ocean. This causes major environmental issues. These PVC-based products are also reported to add to air pollution, as these materials are flammable products and produce toxic fumes.
3. PVC is popular for yoga mats because it's cheap and effective. To make the vinyl pliable for practice, it is treated with phthalates, lead and cadmium. Phthalates are used not just in yoga mats, but also in many other yoga products, including blocks, rollers, wedges, etc. Some reports indicate large-scale presence of cheap varieties of such products in Indian markets often imported from other countries and hence of unverifiable quality.
4. The other concern is that exposure of Indian public to such yoga mat compounds and to all the other products with contaminants pose a risk to health.
5. Yogic lifestyle is all about living consciously and sustainably. Ideally, all practitioners of yoga would be keen to adopt sustainable and eco-friendly lifestyles also. With the growing popularity of yoga and the growing number of yogis worldwide, the world would become more eco-conscious and an increasing number of people would contribute towards a greener and cleaner environment.
6. Reports indicate that many of the yoga practitioners are not aware of the harmful effects of the commonly available yoga mats and props. Thus, there is a pressing need to create more awareness about the harmful effects of

(98)

PVC and synthetics used for yoga related products. Lack of awareness about this challenge is adding to the growing menace of PVC pollution in the world of yoga. Yoga practitioners will happily make the switch to a PVC-free mat/product if they are made aware of its harmful effects. Government bodies, yoga institutions and yoga teachers are all potential influencers who can help to create more awareness about the same.

7. It is requested that stakeholders and others who are concerned with promoting yoga may also be informed about the need to use yoga products made from juts, cock, rubber and other eco-friendly methods to ensure sustainability.



F. No. NCTE-GA019/36/2017-GA-HQ

गुरुर्कृतमो वाच
NCTE

78758

22nd May 2019

To

Regional Director
Northern Regional Committee
National Council for Teacher Education
Plot No. 7, Sector 10,
Dwarka, New Delhi-110075

Regional Director
Southern Regional Committee
National Council for Teacher Education
Plot No. 7, Sector 10,
Dwarka, New Delhi-110075

Regional Director
Western Regional Committee
National Council for Teacher Education
Plot No. 7, Sector 10,
Dwarka, New Delhi-110075

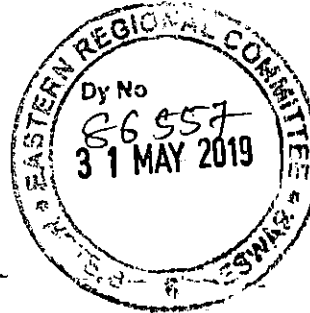
Regional Director
Eastern Regional Committee
National Council for Teacher Education
ERC, 15, Nilakantha Nagar, Nayapalli,
Bhubaneswar, Odisha 751012

Subject : Celebration of 5th International Yoga Day on 21st June, 2019

Sir

I am directed to forward herewith letter no. 2-1/2018-IS.14 dated 24th April 2019 from Shri Ashok Giri, Under Secretary to the Govt. of India, MHRD regarding the celebration of 5th International Day of Yoga on 21st June 2019 (copy enclosed). In this connection, it has been decided by the Competent Authority that all the Regional Committees shall communicate to all the recognized Teacher Training Institutions of their jurisdiction to celebrate 5th International Day of Yoga on 21st June 2019 as mandated by the Ministry and furnish report to Shri R. Vijaykumar, Deputy Secretary and Nodal Officer for this event through E-mail. For submission of a consolidated report to the Ministry. All the Regional Directors are instructed to ensure compliance the directions of the Competent Authority to issue the necessary instruction to all the Teacher Training Institutions.

This issues with the approval of the Competent Authority.



Yours faithfully

Mukesh Kumar
(Mukesh Kumar)
Under Secretary

Copy to :-

1. Shri R. Vijaykumar, Deputy Secretary and nodal officer for necessary action
2. PA to MS, NCTE
3. Under Secretary (EDP) and TA (EDP), NCTE for necessary action.

Copy to

AS

Mukesh Kumar
27/6/19

urgent put up in file

Sanjiv

(55)

Receipt No : 117937(1)/2019/MS(NCTE)-HQ

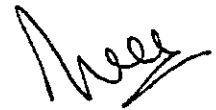
No.F.17-1/2019-EE.1

Government of India

Ministry of Human Resource Development
Department of School Education and LiteracyNew Delhi, the 23rd April, 2019**Subject: 5th International Day of Yoga on 21st June, 2019 - regarding.**

Please refer to EE.1 Section's note of even no. dated 28.01.2019 on the subject cited above (copy enclosed).

2. It is requested to kindly furnish an Action Taken Report in the subject matter pertaining to your Bureau/Autonomous Organization to EE.1 Section (e-mail: coordee1@gmail.com) **positively by 25.04.2019** for perusal of Secretary (SE&L).



(Neeru Manuja)
Section Officer (Admin)

ef/c

JS(Inst.)

JS(MDM)

JS(SS-1)

JS(AE/Admin)

JS(SS-2)

JS & EA

DDG(Stats)

Copy for necessary action to:

Commissioner, KVS

Commissioner, NVS

Director, NCERT

Chairman, CBSE

Chairperson, NCTE

Chairman, NIOS

Director, NBB

Director, CTSA

Director, DAE

Receipt No : 117937(1)/2019/MS(NCTE)-HQ

No.F.17-1/2019-EE.1

Government of India

Ministry of Human Resource Development
Department of School Education and Literacy

New Delhi, the 28th January, 2019

Subject: 5th International Day of Yoga on 21st June, 2019-regarding.

Please find enclosed a D.O letter no. M-16011/03/2019-YN dated 15.01.2019 received from Ministry of AYUSH on the subject cited above.

2. Bureau Heads are requested to kindly direct their Divisional Heads to issue necessary instructions in the subject matter within their Bureau and also to autonomous organizations within their administrative control for information and necessary action as appropriate.

ac

Rajesh Samplay

(Rajesh Samplay)
Under Secretary (EE.1)

JS(SE.II) - *AE*

29/01 JS(AE & Coord) *29/1/19*

JS(EE.I) *8/11*

JS(ISSE) *29/1/19*

JS & EA(SE&L) *29/1/19*

DDG(Stats) *29/1/19*

Copy for necessary action to:

Commissioner, KVS

Commissioner, NVS

Director, NCERT

Chairman, CBSE

Chairperson, NCTE

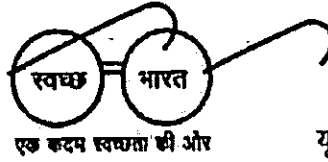
Chairman, NIOS

Director, NBB

Director, CTSA

Director, DAE

Receipt No : 117937(1)/2019/MS(NCTE)-HQ



राचित

भारत सरकार

आयुर्वेद, योग व प्राकृतिक चिकित्सा
यूनानी, सिद्ध, सोषा रिग्पा एवं होम्योपैथी (आयुष) मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए. नई दिल्ली-110023

SECRETARY

GOVERNMENT OF INDIA

MINISTRY OF AYURVEDA, YOGA & NATUROPATHY
UNANI, SIDDHA, SOWA-RIGPA AND HOMOEOPATHY (AYUSH)
AYUSH BHAWAN, B-BLOCK, GPO COMPLEX
INA, NEW DELHI-110023

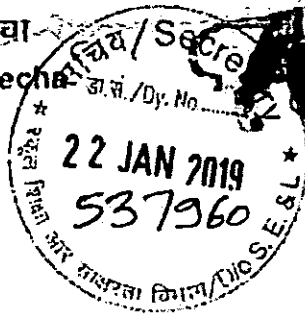
Tel. : 011-24651950, Fax : 011-24651937

E-mail : secy-ayush@nic.in

D.O. No. M-16011/03/2019-YN

Dated:15.01.2019

वै. जेश कोटेचा
Vair Jesh Kotecha



Dear Sir/Madam,

It is a pleasure to write to you regarding the International Day of Yoga (IDY). As you are aware, 21st June is observed as IDY every year. This practice started in 2015, when at the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision to declare 21st June as the International Day of Yoga. As you would agree, this worldwide acceptance of Yoga is a matter of pride for our country, as Yoga is an integral part of our cultural and spiritual heritage.

2. I am happy to convey that the preparations for the 5th International Day of Yoga which falls on 21st June, 2019 is already under way. The Ministry of AYUSH hopes to take the momentum created by IDY 2015, 2016, 2017 and 2018 further forward. The Ministry's aim is to bring more citizens into the fold of the activities of IDY 2019 than the previous years, thereby spreading the rewards of Yoga in terms of physical and emotional well-being among all sections of our society. **Government servants and other stakeholders of the different Ministries/ Departments are an important target group that this Ministry hopes to rope in, into the Yoga movement.**

3. I am writing to you to seek your support in this national effort. I would request you to carry out advance planning and preparations for the observation of IDY on 21st June 2019. The central event of IDY, as in the previous years, would be the Mass Yoga Demonstration based on **Common Yoga Protocol (CYP)**. However, the objective of this exercise is not just a one-day celebration- it aims to make all participants aware of the immense rewards that the pursuit of Yoga can bring to the individual and the family, and thereby inspire them to continue the practice of Yoga beyond the Yoga Day. The CYP is a 45 minutes sequence of Yoga exercises designed by Yoga exponents in the country with the objective of maximizing the well-being of the people. Details of the CYP in the formats of e-book and video may be downloaded from the website yoga.ayush.gov.in.

JS (SE-II)

LW

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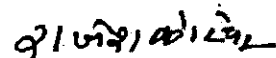
4. The observation of IDY pre-requires an elaborate training programme to all the participants on CYP, to ensure that the Mass Yoga Demonstration is held in harmony, and is a success. Yoga experts are of the view that CYP can be learned by first time Yoga seekers in about 15 training sessions of one-hour duration each, ideally spread over 15 days. Trained Yoga teachers would be able to impart CYP classes based on the CYP booklet. By training the participants in CYP, it is also hoped that they will imbibe an interest in Yoga, and continue to pursue the same beyond IDY-2019. Such an enduring interest in Yoga, if imbued to a large number of people, will turn out to be a significant asset for public health initiatives in the country.

5. **All Ministries/ Departments have various staff welfare programmes, and dovetailing of IDY- 2019 into these can be considered.** I would be grateful if you could issue necessary instructions to all officers of your Ministry/Department and attached & subordinate offices located in different parts of the country to prepare a detailed action plan for celebrating the International Day of Yoga, 2019. A Nodal Officer of your Ministry/Department may kindly be nominated and details communicated (Shri P.N.Ranjit Kumar, Joint Secretary to the Government of India, Tel:- 011-24651938; e-mail: jspnrk-ayush@gov.in) for seamless coordination. The Ministry of AYUSH would be keen to hear about the activities and best practices that the other Ministries/ Departments put in place for IDY- 2019.

6. The Government's aim is to make Yoga an integral part of the citizens' lifestyle and thereby secure a healthy life for all. I seek your support in making the International Day of Yoga 2018 a highly participated event in your Ministry/ Department and also request you to organize Mass Yoga Demonstrations based on the CYP on 21/6/2019 from 7:00 AM to 8:00 AM, and to encourage the staff/officers and main stake-holders of the Ministry/ Department to participate in the same.

With regards,

Yours sincerely



(Rajesh Kotecha)

To,

All Secretaries to Government of India (As per list attached)

(51)

Receipt No : 117937(1)/2019/MS(NCTE)-HQ

Subject: D.O letters to secretaries of all Ministries/Departments- 5th IDY
2019-reg

To: secy.president@rb.nic.in, secyvp@nic.in, cabinetsy@nic.in,
Secy-agri@nic.in, dg.icar@nic.in, secyahd@nic.in,
chairman@dae.gov.in, ecy-textiles@nic.in, fertsec@nic.in,
secy.moca@nic.in, secy.moc@nic.in, csoffice@nic.in,
secy-ipp@nic.in; secretary-posts@indiapost.gov.in,
secy-dot@nic.in, secy-ca@nic.in, secy-food@nic.in,
secy.mca@nic.in, secy-culture@nic.in, defsecy@nic.in,
secretary@meity.gov.in, secyesw@nic.in, secydoner@nic.in,
param.iyer@gov.in, secydws@nic.in, secretary@moes.gov.in,
secy-moef@nic.in, psfs@mea.gov.in, secyeast@mea.gov.in,
secyemea@gov.in, secywest@mea.gov.in,
secycpv@mea.gov.in, secydivest@nic.in, secy-dea@nic.in,
secy-fs@nic.in, rsecy@nic.in, secy.mofpi@nic.in,
secyhfw@gmail.com, shioff@nic.in, secy-dpe@nic.in,
secy-ol@nic.in, secy-iscs@nic.in, secy.dhe@nic.in,
secy.sel@nic.in, secy.inb@nic.in, secy-labour@nic.in,
secy-jus@gov.in, gn.raju@nic.in, secretary-msme@nic.in,
secy-mines@nic.in, secy-mma@nic.in, secy-mnre@nic.in,
secy-mopr@nic.in, secympa@nic.in, secy_mop@nic.in,
secy-argg@nic.in, sec.png@sb.nic.in, secy-power@nic.in,
secy-road@nic.in, secyln@nic.in, secyrd@nic.in,
secyurban@nic.in, secy.dbt@nic.in, dstsec@nic.in,
dgcsir@csir.res.in, secyship@nic.in, secy-msde@nic.in,
secywel@nic.in, chairman@isro.gov.in, secymospi@nic.in,
secy-steel@nic.in, sectour@nic.in, secy-tribal@nic.in,
secy-mowr@nic.in, secy.wcd@nic.in, secy-sports@nic.in,
secy-ya@nic.in

Date: 21/01/19 05:09 PM

From: yoga naturopathy <yoganaturopathycell@gmail.com>

IDY.pdf (671KB)

Sir,

Please find attachment.

Regards
Yoga & Naturopathy Cell
Ministry of AYUSH

Receipt No : 117937(1)/2019/MS(NCTE)-HQ

F.No.10-1/2019-EE.1

Government of India
Ministry of Human Resource Development
Department of School Education and Literacy

New Delhi, the 23rd April, 2019

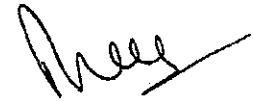
Subject: Implementation of "National Pension System" in units/departments/Central Autonomous Bodies- regarding.

Reference:EE.1 Section's note of even no. dated 09.04.2019 on the subject cited above (copy enclosed).

Please find enclosed a letter no. AMG-I/PA-NPS/2018-19 dated 12.04.2019 received from Office of the Director General of Audit (Central Expenditure) on the subject cited above.

2. It is requested to kindly furnish the requisite information/details with respect to your Division/Autonomous Organization and furnish the same directly to Office of the Director General of Audit (Central Expenditure) urgently.

a/c



(Neeru Manuja)
Section Officer (EE.1)

US(Cash) 

Copy for necessary action to:

Commissioner, KVS

Commissioner, NVS

Director, NCERT

Director, CTSA

Director, DAE

Chairman, CBSE

Chairperson, NCTE

Chairman, NIOS

Copy for information to:

Sh. Manohar Rao, Sr. Audit Officer, Office of Additional Deputy Comptroller & Auditor General of India, AGCR Building, New Delhi-110002: